

# Return To Work Coordinator (RTWC)

The **return-to-work coordinator (RTWC)** at the health insurance company helps you find the **right guidance** to get back to work. This may be through **obtaining modified work, other work, or training**. For all questions about work, you can contact the RTWC.

Tasks of the TNWC:

- Schedule and conduct conversations with you at your own request or at the request of your health insurance company's physician
- Inform and guide you about the possibilities of returning to work
- Look neutrally and impartially at your situation throughout the process
- Ensure that the return-to-work action plan fits with the disability plan of the medical insurance physician through consultation
- Assist in making contacts with organizations that can help you return to work and, if necessary, prepare these meetings and practical matters

## Attention points

- The RTWC cannot make decisions about disability benefits
- The RTWC has a neutral position
- The RTWC doesn't provide a coaching trajectory but helps you consider the possible options. They monitor the trajectory from a helicopter perspective

# Concrete step

Contact your health insurance company and inquire about the RTWC. Web links point to a contact form or the general info.

**CM:** [Formulier Terug naar werk | CM](#)  
02 246 44 80 | [tnw.limburg@cm.be](mailto:tnw.limburg@cm.be)

**LM:** [Terug Naar Werk-Traject bij de Terug Naar Werk-coördinator | Liberale Mutualiteit \(lm-ml.be\)](#)  
011 70 53 20 | [terugnaarwerk@LMPlus.be](mailto:terugnaarwerk@LMPlus.be)

**Helan:** [RTWC - Nieuwe aanvraag \(mloz.be\)](#)  
02 422 44 92

**HZIV:** [Het Terug naar Werk-Traject | HZIV \(fgov.be\)](#)  
011 27 13 13 | [backtowork@hziv.be](mailto:backtowork@hziv.be)

**Solidaris:** [Hulp bij terug naar werk | solidaris-vlaanderen.be](#)  
011 24 98 30 | [tnw.lim@solidaris.be](mailto:tnw.lim@solidaris.be)

**Neutraal ziekenfonds Vlaanderen:** [Terug aan het werk na ziekte – Neutraal Ziekenfonds \(nzvl.be\)](#)  
053 42 29 99 | [terugnaarwerk@nzvl.be](mailto:terugnaarwerk@nzvl.be)

**Vlaams en Neutraal ziekenfonds:** [Terug naar werk met ondersteuning - VNZ](#)  
03 491 09 80 | [terugnaarwerk@vnz.be](mailto:terugnaarwerk@vnz.be)