

Advisory doctor (health insurance fund)

The advisory doctor of the health insurance fund used to be mainly known as the medical advisor. Besides monitoring tasks, this doctor also has an advisory and informative function. He or she is recognised by the RIZIV/INAMI and carries out various tasks:

- **Assessing your incapacity for work** (medical examination)
 - You are invited for this after 4, 7 and 11 months of incapacity for work
- **Guidance during reintegration**
- Checking whether the health insurance fund can intervene in the reimbursement of certain medical expenses
- Checking whether you are eligible for certain benefits from your health insurance fund in the supplementary insurance

The advisory doctor can be supported by a multidisciplinary team of psychologists, nurses, physiotherapists and occupational therapists.

You can start **part-time work resumption**, allowing you to return to work part-time (e.g. 50%) and gradually build up to a higher percentage. The consulting doctor gives permission for this.

Points of attention

- The advisory doctor is not the same as the occupational physician
- The advisory doctor is not the same as the control doctor who can check for the employer whether your absence is justified for the prescribed period

Concrete step

You can find more information about the role of the advisory doctor on your health insurance fund's website. If you have any questions, you can also contact them.

CM: Adviserend arts bij arbeidsongeschiktheid
02 204 32 10

LM: Controle van je arbeidsongeschiktheid als je werknemer of werkloos bent
02 417 17 17

Helan: Medische controle bij arbeidsongeschiktheid
02 218 22 22

HZIV: De adviserend arts
011 27 13 13

Solidaris: Op controle bij de adviserend arts
011 24 99 11

Neutraal ziekenfonds Vlaanderen:
Medische controle
053 76 99 99

Vlaams en Neutraal ziekenfonds:
Medische controle
015 28 90 90