

## Occupational Physician

The **occupational physician** is a doctor who **specializes** in the (psychological) health of **people at work**. Their main task is to **prevent** diseases and **problems**, which is why they are also called "prevention advisor-occupational physician." All private and public sector employees have an occupational physician, who may work at an internal or external occupational prevention and protection service. **You can always contact the occupational physician if you are incapacitated for work.**

Every employer has a **psychosocial prevention advisor**. This prevention advisor is responsible for all psychosocial risks at work.

When returning to work, there are **several options** through the occupational physician. The most common way is the **visit prior to work resumption (informal reintegration)**. If you are (or have been) incapacitated for work, you can request an examination by the labor physician before returning to work. This way of returning to work is the most recommended.

### Points of attention

- The occupational physician works in the interest of the employee
- The occupational physician may not share (health) information with the employer without your permission
- The occupational physician (*'arbeidsarts'*) is not the same as the medical insurance physician (*'adviseurend arts'*) from the mutuality / health insurance company

## Concrete step

Contact your occupational physician by mail or phone

You can find their contact information here:

Internal & external service:

- Through your employer or human resources department or labor agreement

External service:

- Via SEED-Connect
- Via My Health | eHealth (belgie.be) → "My care team"